

Below, you will find a breakdown of the *daily schedule per week*

Week 1							05.07-11.07.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Classes	Classes	Classes	Classes	Classes	Departures or half-day excursion	
14:00 - 16:30	Lunch 12:30 - 13:30						
	Multisports	Multisports or Premium +	Visit to SEA LIFE Brighton	Multisports or Premium +	Multisports or Premium +	Visit to Brighton City Centre: Shopping in North Laine	
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Quiz night	Games night	Newspaper fashion show	Disco	Film night
Lights out: 22:30							
Week 2							12.07-18.07.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Classes	Classes	Classes	Classes	Classes	Departures or half-day excursion	
14:00 - 16:30	Lunch 12:30 - 13:30						
	Excursion to Central London: Big Ben Houses of Parliament	Multisports or Premium +	Visit to Brighton: Beach & pier Royal Pavilion	Multisports or Premium +	Multisports or Premium +	Visit to Brighton: Museum & Art Gallery & Shopping	
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Fancy dress disco	Talent contest	Casino night	Disco	Film night
Lights out: 22:30							
Week 3							19.07-25.07.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Classes	Classes	Classes	Classes	Classes	Departures or half-day excursion	
14:00 - 16:30	Lunch 12:30 - 13:30						
	Excursion to Central London: Buckingham Palace Hyde Park Fortnum & Mason	Multisports or Premium +	Visit to British Airways i360 Tower	Multisports or Premium +	Multisports or Premium +	Visit to Brighton Beach & pier / Shopping	
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Quiz night	Fancy dress competition	Games night	Disco	Film night
Lights out: 22:30							

Multisports: Includes activities such as football, basketball, tennis, escape room game, social media session, beach walk, dance, aerobics, scavenger hunt, leisure swimming in an indoor pool on campus, table tennis, volleyball, handball, softball, dodgeball, orienteering, cricket, frisbee etc.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc. Entrance is not included to all of the mentioned attractions. Please note that all schedules and activities are subject to change – in the event of force majeure, i.e. in case of bad weather conditions, insufficient number of participants or unavailability of the provider.

Week 4							26.07-01.08.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Arrival of new students	Classes	Classes	Classes	Classes	Classes	Departures or half-day excursion
Lunch 12:30 - 13:30							
14:00 - 16:30	Excursion to Central London: Fortnum & Mason Piccadilly Circus Leicester Square M&Ms World	Multisports	Multisports or Premium +	Visit to SEA LIFE Brighton	Multisports or Premium +	Multisports or Premium +	Visit to Brighton City Centre: Shopping in North Laine
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Quiz night	Games night	Newspaper fashion show	Disco	Film night
Lights out: 22:30							
Week 5							02.08-08.08.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Arrival of new students	Classes	Classes	Classes	Classes	Classes	Departures or half-day excursion
Lunch 12:30 - 13:30							
14:00 - 16:30	Excursion to Central London: Big Ben Houses of Parliament	Multisports	Multisports or Premium +	Visit to Brighton: Beach & pier Royal Pavilion	Multisports or Premium +	Multisports or Premium +	Visit to Lewes: Historic town and shopping
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Team challenges	Talent show	Casino night	Disco	Film night
Lights out: 22:30							
Week 6							09.08-15.08.2026
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Wake-up 7:00 / Breakfast 7:30							
8:30 - 12:30	Arrival of new students	Classes	Classes	Classes	Classes	Classes	Departure of students
Lunch 12:30 - 13:30							
14:00 - 16:30	Excursion to Central London: Buckingham Palace Hyde Park Fortnum & Mason	Multisports	Multisports or Premium +	Visit to British Airways i360 Tower	Multisports or Premium +	Multisports or Premium +	END
Free Time (Alpadia Lounge or Sortie Libre) 16:30 - 18:30							
Dinner 18:30 - 19:30							
20:00 - 22:00	Ice breaker	Disco	Quiz night	Fancy dress competition	Blind date	Disco	END
Lights out: 22:30							

Multisports: Includes activities such as football, basketball, tennis, escape room game, social media session, beach walk, dance, aerobics, scavenger hunt, leisure swimming in an indoor pool on campus, table tennis, volleyball, handball, softball, dodgeball, orienteering, cricket, frisbee etc.

Times are approximate and may vary from week to week. Free time activities may include doing laundry, studying, contacting family, socialising etc. Entrance is not included to all of the mentioned attractions. Please note that all schedules and activities are subject to change – in the event of force majeure, i.e. in case of bad weather conditions, insufficient number of participants or unavailability of the provider.